



# AADA Conference 2010

## April 15 - 18, 2010

### Refresh! Recharge! Relax!

Enjoy springtime at **The Buttes**  
A Marriott Resort in Tempe, Arizona.

**RESERVATIONS ARE NOW AVAILABLE** at The Buttes 2000 Westcourt Way, Tempe, AZ. Hotel room reservation DEADLINE is March 13, 2010.

Call 602.225.9000 or Marriott toll free at 888.867.7492 and ask for the AADA group rate. Online reservations are available at [www.marriott.com/phxtm](http://www.marriott.com/phxtm) and enter group code AADAADA to receive the group rate. The single/double room rate is \$149 plus tax. **Bring a friend and enjoy a long revitalizing weekend!**

Springtime in the desert is awesome! **Relax and have fun, Re+new friends, Recharge the AADA mission** in the tranquil southwest scenery of The Buttes, overlooking the city of Phoenix. Explore the spa, soak up sun at the pool, golf courses, or shop. Visit some of the nearby attractions: the Desert Botanical Garden, the Tempe History Museum, the Peterson House Museum, the Heard Museum. Visit downtown Scottsdale for fine galleries and specialty retail.

Some **highlights** of the conference events (tentative schedule updated 11/20/09) are:

- A Sedona tour
- Learn hands-on, stress-relieving fitness strategies from Julia Pearl
- Enjoy Arizona entertainment and cuisine at The Reason to Smile event
- Celebrate with the Beulah K. Spencer\* recipients at the awards lunch
- A reception to honor the constituent presidents
- A FUN, Foundation for Dental Health Education silent auction
- Hear legislative speaker Dr. Paul Gosar, a Flagstaff, AZ general practice dentist who is running for a congressional office
- "Maternal and Child Oral Health" is the subject of pediatrician Dr. Ray Wagner for the dental health education session

**Applications Available for Conference 2010. Submit by January 15, 2010**

- Beulah K Spencer Award
- First Time Attendee Grants
- Student Spouse Scholarships

**Beulah K. Spencer New Member Service Award - Application is Available.** At conference, the Beulah K. Spencer New Member Service Award recipients are honored for their outstanding leadership and volunteer spirit through excellence in service and commitment to their Alliance on the component (local) level and/or constituent (state) level. The candidate must have been an active tripartite member or a member-at-large (MAL) for ten years or less. This distinguished service award was established in 1994 to honor Beulah K. Spencer. Resources Available to Assist you with Attending Conference 2010 are on line at [www.allianceada.org](http://www.allianceada.org) or by calling Trish Rubik-Rothstein at the AADA Central Office at 800.621.8099 EXT 2865.

**Online you will find the Conference 2010 First Time Attendee Grant Application, the Conference 2010 First Time Attendee Grant Guidelines, the Conference 2010 Student Spouse Scholarship Application, Conference 2010 Student Spouse Scholarship Guidelines, and 2010 Beulah K. Spencer Award Application.**

# ALLIANCE OF THE AMERICAN DENTAL ASSOCIATION (AADA)

## DISTRICT 7 TRUSTEEGRAM

ALASKA, IDAHO, MONTANA, OREGON, WASHINGTON



### Happy New Year!

My name is Carol Bates and I will be serving as your AADA District 7 Trustee for the next two years. I live just outside of Seattle in Woodinville, Washington. It is my desire to get connected with each of you either in person or by e-mail during my term and share with you the joy of being a member of the Alliance of the ADA.

You are receiving this Trusteegram because you are a current or past AADA member and I thank you for financially supporting the Alliance. This Trusteegram is being mailed only once to those of you in District 7. It is my one time mailing (over 600 being sent) to reach out and urge you to connect with me by **sending me your e-mail address**. I then can keep you current and you can keep me apprised on the activities in our district with other dental spouses (the social, the community service and ways you support organized dentistry). On the back side of this letter is information on the AADA conference in Arizona on April 15-18. Please consider attending this conference. It is an opportunity for you to learn more about the Alliance but even better a time to revitalize yourself at a beautiful resort! Bring a friend and have fun! Decide now and apply for a grant as well! I am looking forward to meeting you there.

**My e-mail address is [fourmo@aol.com](mailto:fourmo@aol.com)**, my mailing address is 17815 176<sup>th</sup> Avenue NE, Woodinville, Washington 98072, my home telephone # 425-483-0294. Please connect with me soon!

### AADA New Mission Statement

**The Alliance of the American Dental Association, as a partner organization to the American Dental Association, actively provides community oral health education, supports the well being of the dental family, and engages in legislative advocacy for the welfare of the public and the dental profession.**

#### **Oral Health Education**

Gigi Kudyba is the Dental Health Chair for the Alliance. She has provided, for your support, information for projects and resources on the AADA website:

[www.allianceada.org/programs\\_links.php](http://www.allianceada.org/programs_links.php), [www.allianceada.org/programs\\_dentalhealtheducation.php](http://www.allianceada.org/programs_dentalhealtheducation.php)

There are also grants available for dental projects.

#### **Well Being**

Mary Ellen Psaltis from Olympia, Washington is the Alliance Well Being Chair. She is a certified nutrition and wellness consultant. Check out her latest article, "The Holidays: Finding Balance Between Being an Overachieving Elf and a Miserable Scrooge" at [www.allianceada.org/programs\\_wellbeing.php](http://www.allianceada.org/programs_wellbeing.php)

#### **Be a Dental Advocate**

Being an advocate helps to protect the dental profession, it is an opportunity to be actively involved with legislators in your state and in Congress. Is this something you've always wanted to do? There are several ways to be active:

- Attend a Dental Action Day in your state with your spouse (dentists and spouses meet with their state legislators at the state capitol. January 29, 2010 is Washington's DAD. The Alliance has been supporting this for over 20 years, providing toothbrushes and snacks and their input on issues.)
- Attend the ADA Leadership Conference in Washington DC April 19-21, 2010 meeting with congressional senators and representatives (both meetings provide information on issues)
- Join Capwiz an email tool to contact legislators online, when an important issue arises you are sent an "action alert" which includes detailed information on the issue and an editable text message response for your legislators. I find it a easy way to stay informed and express my thoughts on issues. It only takes five e-mails for a congressman to stop and check out the concerns! Sign up at [www.capwiz.com/dental/mlm/signup](http://www.capwiz.com/dental/mlm/signup).

**E-mail me today at [fourmo@aol.com](mailto:fourmo@aol.com)**

Many blessings in the New Year.  
Carol Bates